

Lifeguard Training Agencies

Listed below are the primary Lifeguard Training Agencies which are generally accepted and identified in State Code requirements (where applicable) for “certified lifeguard”.

Check with your specific local and/or State Code for the requirements for each state. Please note that in some cases the state codes may provide language similar to “or equivalent course”. Where you see this language the state has accepted/approved additional programs other than the ones named specifically in the code.

- * **Jeff Ellis & Associates International Aquatic Risk Management Consultants- International Lifeguard Training Program™ (ILTP™)**
 - ✓ http://jellis.com/downloads/doc_download/11-iltp-training-levels-1.html
 - ✓ http://jellis.com/downloads/doc_download/12-iltp-training-levels-2.html
- * **American Red Cross**
 - ✓ <http://www.redcross.org/services/hss/aquatics/lifeguard.html>
- * **YMCA**
 - ✓ http://www.ymca.net/programs/programs_for_aquatics.html
- * **National Aquatic Safety Company (NASCO)**
 - ✓ <http://www.nascoaquatics.com/index.html>
- * **Starfish Institute- StarGuard Lifeguard Training**
 - ✓ <http://starfishaquatics.org/>